



# OUT-DOOR

EXPERIENCES BY FEELING ITALY

# SEA & SHORE EXCURSIONS

## PRIVATE TOURS

Experience the pearls of the Sorrento and Amalfi coasts by sea or private luxury fleet with your own driver and personalized guide.

## BY BOAT

Embark on one of the most amazing experiences of a lifetime, build your own custom made itinerary, or leave it to our expert skippers to sail, and show you the beauty of the Amalfi Coast and Island of Capri.

With your own choice of vessel be it a traditional wooden Sorrentine 'gozzo', motor sail, classic or luxury yacht, you will be transported in style on this magical journey. Swim under the Faraglioni rocks, sail to the Blue Grotto, explore the many hidden beaches and caves dotted along the Amalfi Coast, and dine at some of the most amazing seafood restaurants accessible only by boat.

## Highlights of Capri Island

Set sail on a private cruise and explore the wild beauty of Capri's coastline. Sail past rugged sea cliffs and hidden caves, including the picturesque Blue Grotto. Along the way, your personal skipper/guide will share legends of the island and point out highlights like the Punta Carena lighthouse and the ancient ruins of the Baths of Tiberius. Stop to swim or snorkel under the Faraglioni, and enjoy a complimentary drink and a light snack on board while you soak up the Mediterranean sun on this unforgettable adventure.

### Tour highlights include:

- Pick-up from your holiday home
- Full circuit of Capri Island stopping and swimming beneath the Faraglioni rock formations, Blue Grotto\*, White Grotto, lighthouse of Punta Carena.....
- Optional seafood lunch at a small beachfront restaurant (accessible only by boat)\*
- Free time on the Island (3/4 hours) to explore Capri and Anacapri
- Departure from Marina Piccola, anchoring for afternoon tea and an ocean swim or snorkel
- Return transfers to your holiday home

\* Additional charges apply

Inclusions: Pick-up / drop-off from your holiday home, professional English speaking skipper, drinks and light refreshments on board, snorkeling equipment, all taxes and petrol charges.

Tour Duration: Full Day (8 hours)

## The Splendours of Positano & The Amalfi Coast

There is no other way to explore the UNESCO-listed Amalfi coast than by sea, stopping at hidden beach inlets, grottos and uninhabited islands whilst enjoying the Mediterranean waters at your own leisure. Visit the cliff-embedded township of magical Positano, admire the Byzantine Cathedral of St Andrew's in Amalfi and the cobblestone streets adorning the scent of lemon fragranced perfumes or stop at Li Galli Islands for a dip in the Mediterranean.

### Tour highlights include:

- Pick-up from your holiday home
- Sailing the Amalfi coastline with stops along sandy beaches accessible only by boat
- Full circuit of Li Galli Islands, anchoring for a cold drink or a swim and snorkel
- Sailing to the town of Amalfi stopping at the Fiordo di Furore (Furore Fjord) and the Emerald Grotto\*
- Optional seafood lunch at a small beachfront restaurant\*
- Going ashore at the picturesque village of Positano and exploring the chic boutiques, seaside cafes and beachside promenade of this unique town whose colorful buildings cascade down to the sea
- Departure from Positano anchoring for afternoon tea and an ocean swim or snorkel
- Return transfers to your holiday home

\* Additional charges apply

Inclusions: Pick-up / drop-off from your holiday home, professional English speaking skipper/guide, cold drinks and light refreshments on board, snorkeling equipment, all taxes and petrol charges.

Tour Duration: 8-hours

### BY LUXURY CAR/MINIVAN

Sit back and enjoy the slow pace and privacy of your own luxury vehicle with a professional driver/ English- speaking guide. Travel along one of the most spectacular UNESCO World Heritage listed coastal roads in the world, explore the ancient Roman City of Pompeii, or visit the bustling city of Naples. Why not consider combining a lunch and wine tour of a coastal vineyard with one of your tours? All vehicles are air-conditioned and drinks and light refreshments are available throughout the trip. The following itineraries are some of our most popular, however you have the luxury and comfort of a private driver and a flexible program. Our driver/ vehicle will be at your complete disposal for the duration of the tour.

## Amalfi Coast Tour - Positano, Amalfi, Ravello

The Amalfi Coast boasts a classic Mediterranean landscape, a sensual blend of both natural and cultural wonders. The breathtaking terrain includes dramatic coastline topography scattered with terraced vineyards, orchards, and pastures—often with enchanting views of the vibrant waters below. This full day tour gives you the opportunity to explore the best of this world renowned coastline. Your driver will stop for lots of photo opportunities along the way to capture the breathtaking views and magnificent scenery. During the drive you will have free time to visit the famous towns of Positano, Amalfi and Ravello.

### Tour highlights include:

- Pick-up/drop-off from your holiday home
- Stops at several key lookouts along the coastline
- Arrive in Positano and explore this hillside town(approx. 2hours) with its narrow pedestrian walkways dotted with chic boutiques, cafes and restaurants
- Drive through the beautiful villages of Praiano, Furore and Conca dei Marini
- Stop at the town of Amalfi and ponder the typical Mediterranean architecture of this coastal town visiting the main centrepiece of the town – the Amalfi Cathedral of St Andrew
- Visit the hilltop village of Ravello and enjoy the unparalleled views of the coastline, the main square/ piazza and the magical gardens of Villa Ruffolo, a 13th century villa and once the favourite destination of musicians, artists and poets
- Return to your holiday home

Inclusions: Pick-up and drop-off at your holiday home, professional English speaking driver.

Tour Duration: 8-hours

## Archeological Marvels – Pompeii & Herculaneum

This tour is ideal for those wanting to experience two of the most iconic sites of the Campania region – the archaeological ruins of Pompeii and Herculaneum (Ercolano).

Pompeii holds an intense fascination for visitors today. Following the eruption of the volcano Mount Vesuvius in the year 79 A.D., Pompeii lay buried and forgotten for hundreds of years. The town is high on the list of the Wonders of the World and the excavations that began in the 18th Century are still being carried out today. You have 2 hours at Pompeii to walk through the ancient streets of the city where you can see Baths, Forums and Villas built by the prosperous Romans in the year 80 B.C. Marvel at the fabulously preserved frescos which adorned the walls and floors of the Villas. When the catastrophe of 79 A.D. occurred Herculaneum was submerged under a torrent of mud and lava that hardened into a soft tufa (a kind of coarse rock) that preserved many of the wooden parts of houses and household objects which can be seen today. A large part of the town is still buried, and certainly many art treasures are still to be found.

### Tour highlights include:

- Pick-up/drop-off from your holiday home
- Professional English speaking driver with great local and historical knowledge of the area
- Stops at key lookouts along the Sorrento coastline
- 2 hours free time to explore the ancient ash covered city of Pompeii – it's frescos, bath houses, villas and more\*
- Optional lunch and wine tasting at winery on the slopes of Vesuvius\* \*
- 2 hours free time to discover Herculaneum\*, a town once submerged under a torrent of mud and lava that hardened into a soft tufa (a type of coarse rock)
- Return to your holiday home

\* An Authorised English speaking guide can be organized for Pompeii and/or Herculaneum. Additional charges apply.

\* \* Additional charges apply

Inclusions: Pick-up and drop-off at your holiday home, professional English speaking driver. Tour does not include entrance fees to sites and authorised guide.

Please note: a valid photo ID is required for both adults and children.

Tour Duration: 8-hours

## Pompeii & Mount Vesuvius

Discover the grassroots of modern civilization on this wonderful tour of architecture and history! Be taken back in time to one of the last cities ruled by the ancient Roman empire. Following the eruption of Mount Vesuvius in the year 79 AD, Pompeii lay buried under meters of ash and forgotten for hundreds of years...

### Tour highlights include:

- Pick-up/drop-off from your holiday home
- Professional English speaking driver
- Stops at key lookouts along the Sorrento coastline
- Free time to tour Pompeii archeological site\* (approx. 2 hours)
- Optional lunch and wine tasting at winery on the slopes of Mount Vesuvius\*\*
- Travel to 1000 metres at Mount Vesuvius where you will meet your mountain guide and together climb to the crater of the volcano (approx. 1-2hours)
- Optional afternoon tea stop at a local café/bar
- Return to your holiday home

\* An Authorised English speaking guide can be organized for Pompeii. Additional charges apply

\*\* Additional charges apply

Inclusions: Pick-up and drop-off at your holiday home, professional English speaking driver. Tour does not include entrance fees to sites (Pompeii and Vesuvius National Park) and an authorised guide.

Please note: a valid photo ID is required for both adults and children.

Tour Duration: 8-hours

# HIKING & ADVENTURE

If you love the outdoors, then why not discover the Amalfi Coast and the Sorrento Peninsula by hiking with a professional guide.

## ORGANISED HIKES & WALKS

Discover the Path of the Gods, Jeranto Bay, Valley of the Mills and more with an unforgettable tour led by an experienced local nature guide. Guides can be organised for any trail of your choice.

## Path of the Gods (Sentiero degli Dei)

For lovers of hiking and walking outdoors, the Path of the Gods on the Amalfi Coast is a “must”. It seems fitting that the local people named the walk the Path of the Gods. The route offers incredible views of the coastal landscapes, mountains and the island of Capri, reaching around 500 metres above sea level as it snakes through rocky terrain, Mediterranean bush, oak trees and terraces cut into dizzying slopes.

The walk begins in Nocelle, a tiny hamlet seemingly frozen in time above the thronging streets of Positano.

There are plenty of gorgeous views to enjoy as you progress along the walk, which varies between altitudes of just over 600 and a little more than 400 metres above sea level. The deep ravines and yellow, rocky cliffs above and below the path are accompanied by abandoned cave dwellings, lime kilns, goat houses, olive groves and picturesque terraces packed with vines.

The views are a continual surprise and delight at any time of the year: derelict farmhouses cling to the terraces, the ancient convent of San Domenico appears a long way below, Positano’s pastel-coloured houses emerge from behind a bend, and of course the sea which dominates the horizon, sparkling with the bluest of blues as the coastline stretches out far ahead into the distance towards Capri.

Hike Duration: approx. 3 - 4 hours

Stages: Nocelle (Positano), Colle Serra, Nocelle

Distance: approx. 7 km

Level of Difficulty: Medium (terrain rough at times with some short but steep uphill and downhill stretches including steps, some exposure)

Tour Inclusions: Private English-speaking hiking guide, pick-up/drop-off from holiday home to Nocelle (the start of the trail), light snacks.

## Valley of the Mills (Valle dei Mulini/Valle delle Ferriere)

The Valley of the Mills is one of the best-known walks on the Amalfi Coast. The small seaside town of Amalfi is situated at the mouth of a river valley named Valle dei Mulini (Valley of the Mills), which during medieval times was a key part of the town's thriving industry, particularly for its prestigious paper producers. This excursion lets you learn about the fascinating history of Amalfi while admiring the lush mountains all around.

The path starts out from Pontone, a small village in Scala which is overlooked by the ruins of the 7th century Church of Sant'Eustachio, of which only the apse is left standing. The route allows visitors to explore one of the most unspoiled and deserted areas of the entire Amalfi coast. The path follows the Canneto stream, taking visitors into a tight valley whose fertile land made it the perfect place for a number of paper mills and an ironworks in times gone by. The landscape of the reserve is truly picturesque, with many waterfalls and meanders creating the perfect conditions for a wide range of flora and fauna.

As you descend towards Amalfi, the path passes a number of abandoned paper mills before arriving at the Paper Museum, a restored 18th-century paper mill in the middle of the village, and a library with over 3000 texts on the origins of paper.

Hike Duration: approx. 3 - 4 hours

Stages: Pontone (Scala), Riserva Statale Valle delle Ferriere, Piazza Flavio Gioia - Amalfi, Pontone.

Distance: approx. 5 km

Level of Difficulty: Easy (No great difficulty but steadily uphill with some steep stretches)

Tour Inclusions: Private English-speaking hiking guide, pick-up/drop-off from holiday home to Pontone (the start of the trail), light snacks, bus ticket from Amalfi to Pontone.

## Punta Campanella - Monte San Costanzo

Allow yourself to be seduced by myth and legend. Walk the ancient Roman path which leads to the tip where the two coastlines meet, Punta Campanella, and you will be dazzled by the incredible landscape along the way as you follow in the footsteps of people who trod this same ground thousands of years ago.

Starting from the square in Termini (a village in Massa Lubrense), you follow directions to Punta Campanella, taking the main tarmac path which skirts around Monte San Costanzo and passes through vast olive groves. The path offers wonderful views of the beautiful Cala di Mitigliano, Capri and a large swathe of the Gulf of Naples.

You will arrive at Punta Campanella, which was once the location of a temple dedicated first to Athena and later Minerva under the Romans. Today Punta Campanella is home to a medieval tower, the remains of a Roman wall and the functioning modern lighthouse. You then start to ascend in the direction of Monte San

Costanzo, climbing to 469 metres above sea level, where the San Costanzo monastery stands within a pinewood. From the viewpoint you can enjoy a spectacular 360° view of the Gulfs of Naples and Salerno, with Capri in the middle.

Hike Duration: approx. 4 hours

Stages: Piazza Santa Croce – Termini (Massa Lubrense), Punta Campanella, Monte San Costanzo

Distance: approx. 9 km

Level of Difficulty: Easy - Medium

Tour Inclusions: Private English-speaking hiking guide, pick-up/drop-off from holiday home to Termini (the start of the trail), light snacks.

## Bay of Jeranto

Take a swim off a beach worthy of sirens after a walk offering stunning views of the divine Amalfi Coast and Island of Capri.

The Bay of Jeranto is undoubtedly one of the most beautiful spots on the Sorrento peninsula. Located in the municipality of Massa Lubrense, it is part of the Marine protected area of Punta Campanella. The bay was once home to a limestone quarry between the late 1800s and 1952: visitors can still admire the old industrial monuments and equipment used to extract lime ready to be transported to the steel factories of Naples.

Starting from the square in Nerano (a village in Massa Lubrense), you follow an easily manageable path situated on the left of the stunning Marina del Cantone beach, with the route overlooking the gorgeous Amalfi coast as far as Praiano. Shortly after this, you will find yourself at the entrance of a pink house that was once home to the English writer Norman Douglas. It was here that he found the inspiration to write his famous book Siren Land.

The path continues downhill through stretches of Mediterranean bush, sheltered on the right by the high slopes of Monte San Costanzo, until it reaches a crossroads from where it is possible to change course towards the ancient Montalto watchtower or continue on down the steps to the beach in Capitiello. Here, you can reward yourself with a dip in the cobalt-blue sea off the bay's tiny beach as you enjoy the splendid views of Capri and the Faraglioni.

Hike Duration: approx. 3 - 4 hours

Stages: Nerano (Massa Lubrense), Torre di Montalto, Baia di Jeranto, Nerano

Distance: approx. 5 km

Level of Difficulty: Medium

Tour Inclusions: Private English-speaking hiking guide, pick-up/drop-off from holiday home to Nerano (the start of the trail), light snacks.

## Capri Island

Leave the crowded streets of Capri's centre behind to discover the true, ancient spirit of the famous island.

Explore the remains of the villa of Roman Emperor Tiberius and get under the skin of an island packed with trails showcasing the stunning landscape and revealing glimpses of the famous Faraglioni and picturesque Sorrento Peninsula.

The path starts from Piazza Umberto I in Capri, the most famous square on the island. After taking Via Sopramonte and then Via Tiberio you reach Villa Lysis, the sumptuous residence of the French count and poet Jacques d'Adelsward-Fersen. From here you follow a short path to Villa Jovis, a Roman-era house that was once the residence of Emperor Tiberius. The path continues along Via Moneta before veering off in the direction of the Arco Naturale, an arch-shaped rock formation which hangs over the sea. Next along the way is the Grotta di Matermania, a cave which was made into a Nymphaeum by the ancient Romans. The path then continues along the southwest slopes of the island before arriving at the Faraglioni: three huge spurs of rock which jut majestically out of the sea in Marina Piccola. Once you reach the Tragara viewpoint you continue along Via Tragara and then Via Caramelle, Capri's famed shopping street. Finally you take Via Le Botteghe back to Piazza Umberto I to finish the loop.

Hike Duration: approx. 5 hours

Stages: Piazza Umberto I - Via Sopramonte - Via Tiberio - Villa Lysis - Villa Jovis - Via Matermania - Via del Pizzolungo - Via Tragara

Distance: approx. 8 km

Level of Difficulty: Easy

Tour Inclusions: Private English-speaking hiking guide, light snacks.

# GOURMET FOOD TOURS

## THE COMPLETE GASTRONOMIC FARM TOUR

Visit a local farm, see how cheese is made and enjoy a pizza making class

This tour is a must for those wanting to experience the daily life of a local farmer, understand how local produce is grown and learn how to make a traditional Neapolitan pizza.

The tour starts at the farm with a walk through the lemon groves and a detailed explanation on local fruit and vegetable production and horticulture. Learn about the uses of lemons in the production of limoncello and marmalades. Sample some homemade lemon and orange preserves on freshly baked bread, taste a variety of infused olive oils, and learn how to make limoncello. All products meet the Sorrento I.G.P brand regulations for homemade and organic produce.

Next, you will be taken down some narrow, windy country roads in Benedetto's truck to an Agriturismo in Schiazzano that specializes in artisan cheese. Tour Benedetto's Italian Government Certified Organic Farm, see how his cows are fed and learn the art of traditional mozzarella and ricotta cheese-making. Finally sample some local cheeses, add some vino, fresh tomatoes and you will have a day to remember!

The final part of this amazing tour is a trip to a local pizzeria where you have a lesson on pizza making. Get your hands dirty and knead, press, toss and top the pizza before having it cooked in a traditional woodoven.

This tour is great for adults and children alike.

Note: Transfers to/from holiday home available (additional charges apply)

Tour Start: 9:30 am or 15:30 pm

Tour Duration: 3.5-4hours

## BETWEEN THE LEMON AND OLIVE GROVES

This farm tour culminates inside of the home of Eugenio and his family. Walk through the canopy of lemon and olive groves, and be prepared to learn and be shown in great detail every aspect of lemon cultivation. Learn about how the orchards are organically farmed, how to make limoncello and red wine, how to prepare cured meats and preserve fruits to enjoy year-round. At the end of the tour, you will taste the farm's genuine products and have the possibility to enjoy an authentic Italian pizza accompanied by homemade wine.

The tour focuses not only on lemons and how limoncello is produced, but on a range of organic products prepared using ingredients grown on the farm including homemade lemonade, lemon and orange marmalades, honey, extra virgin olive oil flavoured with citrus rinds and homemade bread. Also visit the family orchard and sample their wines.

With a fresh, delicious home cooked pizza and a generous sampling of all of the products that are also available to purchase, this is a wonderful tour for all ages, including young families because of the animals on the farm. If you are looking for a tour that is off the beaten path and allows you to experience real Italy, then this is the one!

Note: Transfers to/from holiday home available (additional charges apply)

Tour Start: 10:00am or 16:00pm

Tour Duration: 2-3 hours

MEAL IS SEPARATE CHARGE\_CHECK + TRANSFERS!

Make your choice and contact us.

Thanks.

